

Finnish Swimming Association together with clubs Kotkan Uimaseura and Kotkan Vesi-Veikot will organize international short course competition

SHORT COURSE FINNISH OPEN MASTERS CHAMPIONSHIPS 2011



25.-27.3.2011 in the city of Kotka (130 km east from the capital Helsinki)

Swimming centre 'Katariina', address: Puistotie 9-11, Kotka

25 meters course, 6 lanes, automatic timekeeping.

PROGRAM

Friday 25.3. 17.00 hrs (warm up 15.50-16.50)

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|----|---|--------|-------------------|
| 1. | N | 400 m | Individual medley |
| 2. | M | 400 m | Individual medley |
| 3. | N | 1500 m | Freestyle |
| 4. | M | 800 m | Freestyle |

Saturday 26.3. 9.30 (warm up 8.20-9.20)

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|-----|-----|--------|-------------------|
| 5. | Mix | 4x50 m | Medley |
| 6. | M | 50 m | Freestyle |
| 7. | N | 50 m | Freestyle |
| 8. | M | 100 m | Breaststroke |
| 9. | N | 100 m | Breaststroke |
| 10. | M | 200 m | Butterfly |
| 11. | N | 200 m | Butterfly |
| 12. | M | 50 m | Backstroke |
| 13. | N | 50 m | Backstroke |
| 14. | M | 200 m | Individual medley |
| 15. | N | 200 m | Individual medley |
| 16. | M | 4x50 m | Freestyle |
| 17. | N | 4x50 m | Freestyle |

Saturday klo (warm up 14.20-15.20)

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|-----|---|--------|-------------------|
| 18. | M | 200 m | Backstroke |
| 19. | N | 200 m | Backstroke |
| 20. | M | 100 m | Freestyle |
| 21. | N | 100 m | Freestyle |
| 22. | M | 50 m | Breaststroke |
| 23. | N | 50 m | Breaststroke |
| 24. | M | 100 m | Butterfly |
| 25. | N | 100 m | Butterfly |
| 26. | M | 100 m | Individual medley |
| 27. | N | 100 m | Individual medley |
| 28. | M | 4x50 m | Medley |
| 29. | N | 4x50 m | Medley |

Sunday 27.3. 10.00 (warm up 8.50-9.50)

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|-----|-----|---------|--------------|
| 30. | Mix | 4x50 m | Freestyle |
| 31. | N | 50 m | Butterfly |
| 32. | M | 50 m | Butterfly |
| 33. | N | 400 m | Freestyle |
| 34. | M | 400 m | Freestyle |
| 35. | N | 200 m | Breaststroke |
| 36. | M | 200 m | Breaststroke |
| 37. | N | 100 m | Backstroke |
| 38. | M | 100 m | Backstroke |
| 39. | N | 4x100 m | Freestyle |
| 40. | M | 4x100 m | Freestyle |

www.masterskotka.net

AGE GROUPS INDIVIDUAL

A (25-29 y.) = 1986-1982
B (30-34 y.) = 1981-1977
C (35-39 y.) = 1976-1972
D (40-44 y.) = 1971-1967
E (45-49 y.) = 1966-1962

F (50-54 y.) = 1961-1957
G (55-59 y.) = 1956-1952
H (60-64 y.) = 1951-1947
I (65-69 y.) = 1946-1942
J (70-74 y.) = 1941-1937

K (75-79 y.) = 1936-1932
L (80-84 y.) = 1931-1927
M (85-89 y.) = 1926-1922
N (90-94 y.) = 1921-1917
O (95-99 y.) = 1916-1912

AGE GROUPS MEDLEY

A = 100-119 y.
B = 120-159 y.
C = 160-199 y.

D = 200-239 y.
E = 240-279 y.
F = 280-319 y.

G = 320-359 y.

ENTRIES

No later than **15.3.2011** by email to Mr. Riku Riikonen (international entries only):

email: riku.riikonen@uimaliitto.fi

mobile: +358 44 5490 366

Starting fees 9,00 € per start shall be payed by 16th March:

IBAN: **FI36 8000 1270 5732 40**

BIC: **DABAFIHH**

Document of the payment shall be verified at the venue.

INFORMATION

For more detailed information please contact to:

Mr Kasper Salonen, phone: +358 50 5490 277, email: masterskotka@gmail.com

Or visit competition website: www.masterskotka.net

ACCOMMODATION

Sokos Hotel Seurahuone (1100 m from venue, address: Keskuskatu 21, Kotka)

Prices for the night between Saturday and Sunday:

86 € / single room per night

106 € / double room per night

Including breakfast and free entry to hotel night club.

Booking code: MASTERS

Booking from hotel at latest 4.3.2011:

Phone: +358 10 782 1020 / Email: sales.kotka@sokoshotels.fi

Hotel Cumulus Kotka Karhula (8 km from venue, address: Tiilikuja 9, Karhula)

Room prices

62 € / single room per night

68 € / double room per night

88 € / triple room per night

Booking code: MASTERS

Booking from hotel: Phone +358 5 269 3100

MEALS

There is only cafe at the venue. Organized lunch available on Saturday 26.3. at restaurant '99' in the city centre (1 km from venue, address: Kotkankatu 11). Price for pre-booked lunch is 9 euros. Lunch bookings by email masterskotka@gmail.com
Booked meal tickets available in competition office at the venue.

GET TOGETHER PARTY

There is a get together party organized for participants on Saturday evening 19.30-24.00 at Sea Centre Vellamo. Ask for program and dinner cards: masterskotka@gmail.com

WELCOME TO KOTKA!